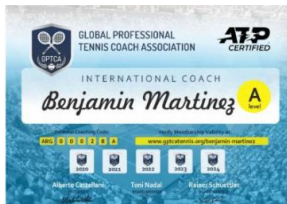


Ignite Your Potential - Tennis Clinic with Benny



Monday, 27th May 13-15 pm or 16-18pm

- Forehand technique
- Backhand technique (the 4 essentials gears of tennis)

Tuesday, 28th May 13-15 pm or 16-18pm

- Approach technique and how to use it
- Volley's technique and how to use them
- Smash technique and how to use it

Wednesday, 29th May 13-15 pm or 16-18pm

- Learning the seven golden rules of the serve worldwide
- Learn how to play the return
- The importance of the first 3 games in any competition
- Learning how to capture the opponents

Thursday 30th May, 13-15 pm or 16-18pm

- Shot selection
- The importance of a game plan and strategy
(discussions, questions and answers)

Clinic will take place at TC Rheinfelden, Eichbergstrasse 55, 79618 Rheinfelden; 2 separate time slots are offered, choose either 13-15pm or 16-18 pm
Price: 240 Euro / participant (non-members of TC Rheinfelden 290 Euro), To register contact Benjamin at +49 152 03949292 (WhatsApp) or benjmar22@gmail.com